

# Glen Abbey Community Centre

Events subject to change  
Capacity restrictions apply

Time	Activity	Location
9 - 9:30 a.m.	Zumba Tots (3-6 yrs)	Room A
9 - 9:30 a.m.	Preschool Gym (0-6 yrs)	Gymnasium
9 - 9:30 a.m.	Zumba Dance	Fit Room
9 - 11 a.m.	Recreational Swim	Pool
9:30 a.m. - noon	Play Wii For Fwii @ The Librarwii Mario Olympic Winter Games	Library
9:30 - 10 a.m.	Zumba Tots (3-6 yrs)	Room A
9:45 - 10:15 a.m.	Preschool Gym (0-6 yrs)	Gymnasium
9:45 - 10:15 a.m.	Zumba Dance	Fit Room
10 - 11:30 a.m.	Recreational Skate	Rink - Green
10 - 10:30 a.m.	Zumba Tots (3-6 yrs)	Room A
10 a.m. - 2 p.m.	Arts & Crafts Olympic Theme	Room B
10 a.m. - 3 p.m.	Zamboni Photos - Bring your camera!	Outdoor front entrance
10:30 -11 a.m.	Preschool Gym	Gymnasium
10:30 - 11 a.m.	Zumba Dance	Fit Room
11 a.m. - 2 p.m.	Panago Pizza Lunch	Room A
11:15 - 11:45 a.m.	Family Basketball (8-16 yrs)	Gymnasium
11:15 - 11:45 a.m.	Belly Dance	Fit Room
11:30 a.m. - noon	Water Jogging	Pool
11:30 a.m. - 12:30 p.m.	Oakville Gymnastics (4-14 yrs)	Oakville Gymnastics Club
noon - 12:30 p.m.	Family Basketball (8-16 yrs)	Gymnasium
noon - 1 p.m.	Belly Dance	Fit Room
noon - 2 p.m.	Lengths Swim	Pool
noon - 2 p.m.	Parasport Sledge Hockey	Rink - Blue
12:45 - 1:15 p.m.	Family Basketball (8-16 yrs)	Gymnasium
12:45 - 1:15 p.m.	Zumba Dance	Fit Room
1 - 3 p.m.	Squash Clinic	Courts 1-2
1 - 3 p.m.	Nutritional Information	Fitness Hallway
1:30 - 2 p.m.	Sportball (2-10 yrs)	Gymnasium
1:30 - 2 p.m.	Zumba Dance	Fit Room
1:30 - 4:30 p.m.	Recreational Skate	Rink - Green
2 - 2:30 p.m.	Family Story Time Drop In Olympic Theme	Library
2 - 3:30 p.m.	Recreational Swim	Pool
2:15 - 2:45 p.m.	Sportball (2-10 yrs)	Gymnasium
2:15 - 2:45 p.m.	Bollydance	Fit Room
2:30 - 3 p.m.	Yogalates	Room A
2:45 - 3:15 p.m.	Family Story Time Drop In Olympic Theme	Library
3 - 3:30 p.m.	Sportball (2-10 yrs)	Gymnasium
3 - 3:30 p.m.	Bollydance	Fit Room
3 - 4 p.m.	Oakville Gymnastics (4-14 yrs)	Oakville Gymnastics Club
3:15 - 3:45 p.m.	Yogalates	Room A
3:45 - 5:45 p.m.	Family Badminton	Gymnasium
3:45 - 4:15 p.m.	Hip-Hop Dance (4-7 yrs)	Fit Room
3:45 - 5:15 p.m.	Recreational Swim	Pool
4:30 - 5 p.m.	Hip-Hop Dance (8-12 yrs)	Fit Room
5 - 5:45 p.m.	Cycling (10+ yrs)	Fitness Centre
6:30 - 8 p.m.	Recreational Swim	Pool